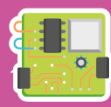


This is a bilingual email. Click [here](#) for English.

Yn Dewis Pynciau? Gallwn ni helpu



Wyt ti'n meddwl am ba bynciau i'w hastudio yn yr ysgol? Gallwn dy helpu gyda'r penderfyniad pwysig hwn.

Nawr dy fod ym mlwyddyn 8 neu flwyddyn 9 byddi di'n dechrau meddwl am ba bynciau i'w hastudio ar gyfer TGAU ym mlynnyddoedd 10 ac 11.

Mae gan [Gyrfa Cymru](#) lawer o wybodaeth, cyngor a chyfarwyddyd i dy helpu i ddewis y pynciau cywir ac i wneud penderfyniadau am dy yrfa yn y dyfodol.

Gallwn dy helpu i:-

- Benderfynu ar y pynciau cywir i ti eu hastudio;
- Archwilio sut fath o berson wyt ti;
- Darganfod y swyddi y gall pynciau gwahanol arwain atyn nhw yn y dyfodol;
- Darganfod mwy am y byd gwaith.

Mae ein llyfryn opsiynau'n esbonio mwy am ddewis y pynciau a'r opsiynau sy'n iawn i chi.

Mae copi o'r llyfryn hwn ar gael ar [wefan Gyrfa Cymru](#).

Os hoffech gopi wedi'i argraffu, cysylltwch â'ch Cynghorydd Gyrfa

Cofion,
Gyrfa Cymru



Choosing subjects?
We can help



Are you thinking about what subjects to study at school? We can help you with this important decision.


Now that you are in year 8 or year 9 you will be starting to think about what subjects to study for your GCSEs in years 10 and 11.

[Careers Wales](#) has lots of information, advice and guidance to help you choose the right subjects and to make decisions about your future career.

We can help you:-

- Decide the right subjects for you to study;
- Explore what you are like as a person;
- Discover the jobs that studying different subjects could lead to in the future;
- Find out more about the world of work.

Our options booklet explains more about choosing the right subjects and options for you.

A copy of this booklet is available on the [Careers Wales website](#) . If you'd like a printed copy please get in touch with your Careers Adviser 

Regards,
Careers Wales

