

# AWARDS AND EXPEDITIONS KIT LIST

This kit list covers the items we recommend you need when going on an expedition, from entry level to advanced, and should only be used as a guide. Always check with your Leader that this is relevant for your expedition. Should you need any further information about this kit list or would like more details about the products listed here, please get in touch with your local GO Outdoors store or visit [GOoutdoors.co.uk/DofE](http://GOoutdoors.co.uk/DofE)



You can't beat it



	Entry	Intermediate	Advanced
<input type="checkbox"/> <b>Waterproof Jacket</b>	Freedom Trail Cloudburst Jacket	Craghoppers Apex Jacket	OEX Evolution Stretch Jacket
<input type="checkbox"/> <b>Mid Layer (2-3 items)</b>	Regatta Thompson / Sweetheart Fleece	Craghoppers Vector Hooded Jacket	Berghaus Prizm PT Jacket IA
<input type="checkbox"/> <b>Baselayer T-shirts (2-3 items)</b>	Freedom Trail Essential Tech Tee	North Ridge Resistance Baselayer SS	OEX Barneo Base Layer Top
<input type="checkbox"/> <b>Walking Trousers (2 pairs)</b>	Hi Gear Nebraska Trousers	Craghoppers Traverse Trousers	Berghaus Ortier 2.0 Pant
<input type="checkbox"/> <b>Waterproof Overtrousers</b>	Hi Gear Typhoon Overtrousers	OEX Arimo Waterproof Overtrousers	Regatta Dayhike Trousers III
<input type="checkbox"/> <b>Gaiters (optional)</b>	Hi Gear Trekker Gaiter	Trekmates Cairngorm GTX Gaiter	Trekmates Cairngorm GTX Gaiter
<input type="checkbox"/> <b>Walking Boots</b>	Hi Gear Derwent IV Waterproof	Hi Gear Snowdon Waterproof Boots	North Ridge Traverse Waterproof Boots
<input type="checkbox"/> <b>Walking Socks (2-3 pairs)</b>	Hi Gear Double Layer Socks	Bridgedale LW Merino Performance	Bridgedale MW Merino Performance
<input type="checkbox"/> <b>Walking Sock Liner</b>	Bridgedale Coolmax Liner	Bridgedale Coolmax Liner	Bridgedale Coolmax Liner
<input type="checkbox"/> <b>Sleeping Bag</b>	Hi Gear Spirit 300	OEX Roam 200	OEX Fathom EV 300
<input type="checkbox"/> <b>Sleeping Mat</b>	Freedom Trail Camping Foam Mat 6mm	OEX Traverse	OEX Fulcrum EV Inflatable
<input type="checkbox"/> <b>Sleeping Bag Liner (optional)</b>	Hi Gear YHA Sleeping Bag Liner	OEX SBG Liner	OEX SBG Liner
<input type="checkbox"/> <b>Rucksack</b>	Hi Gear Nepal 65 Rucksack	OEX Vallo 60+10	Berghaus Trailhead 65
<input type="checkbox"/> <b>Rucksack Liner</b>	OEX Drysac	OEX Drysac	OEX Drysac
<input type="checkbox"/> <b>Food</b>	Adventure Food or Wayfayrer	Adventure Food or Wayfayrer	Adventure Food or Wayfayrer
<input type="checkbox"/> <b>Water Bottle</b>	OEX Drink Thru Bottle	OEX 800ml Widemouth Bottle	OEX 800ml Widemouth Bottle
<input type="checkbox"/> <b>Headtorch</b>	Hi Gear Evo 2 Cob Headtorch	Petzl Tikka Headtorch	Coleman CXHT+ 250 Headtorch
<input type="checkbox"/> <b>Whistle</b>	Lifesystems Safety Whistle	OEX I.C.E. Emergency Whistle	OEX I.C.E. Emergency Whistle
<input type="checkbox"/> <b>First Aid Kit</b>	Hi Gear First Aid Kit 1	Hi Gear First Aid Kit 2	Lifesystems Waterproof First Aid Kit
<input type="checkbox"/> <b>Emergency Blanket/ Survival Bag</b>	Hi Gear Emergency Blanket or Hi Gear Survival Bag	Hi Gear Emergency Blanket or Hi Gear Survival Bag	Hi Gear Emergency Blanket or Hi Gear Survival Bag
<input type="checkbox"/> <b>Insect Repellent</b>	Smidge Insect Repellent	Smidge Insect Repellent	Smidge Insect Repellent
<input type="checkbox"/> <b>Towel</b>	Hi Gear Microfibre Body Towel	Hi Gear Microfibre Body Towel	Hi Gear Microfibre Body Towel
<input type="checkbox"/> <b>Plate / Bowl / Mug</b>	Hi Gear Plastic Plate / Bowl / Mug	Hi Gear Plastic Plate / Bowl / Mug	Hi Gear Plastic Plate / Bowl / Mug
<input type="checkbox"/> <b>Cutlery</b>	Hi Gear KFS Set	Hi Gear KFS Set	Hi Gear KFS Set

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